



News

Winter brought with it the usual array of coughs, colds and ailments, with the addition of measles. Highly publicised in the news currently for the outbreak in Auckland (759 confirmed cases and counting), Whangamata had one confirmed case of Measles over winter, reiterating the importance of immunisations and herd immunity. Please see the information below regarding this very contagious disease and if you have any questions or concerns please do not hesitate to contact our friendly team who will be more than happy to help.

On the staffing front....

We welcomed **Evelyn Adams** to the reception team back in May, no doubt many of you will have seen her smiling face over the past few months. We also welcome **Claire Spinks** into the nursing team—she will be helping out on a casual basis so you may see her around when we need an extra hand!

We have had a few locums in and out as well...

Drs **Adrian and Maryanne Gane** have been back to help us out, which we always love—they will be back later in the year. **Dr Fiona Bolden** has been in and out as well over the past few months, she is currently doing a locum stint in the Bay of Islands but we hope to see her back later in the year also.

We have **Dr Pierre Swanaepol** with us at the moment until the end of October. We are very grateful for his assistance as we have managed to open up some appointments—get in quick.

We are still advertising far and wide for Permanent / Long Term Locums to help cover. We have a few promising international Locums in process, and will keep you apprised of these. Once again we ask for patience as appointments may require pre-booking. It is a timely reminder to book appointments and repeat prescriptions well in advance and as always all emergencies will be prioritised.

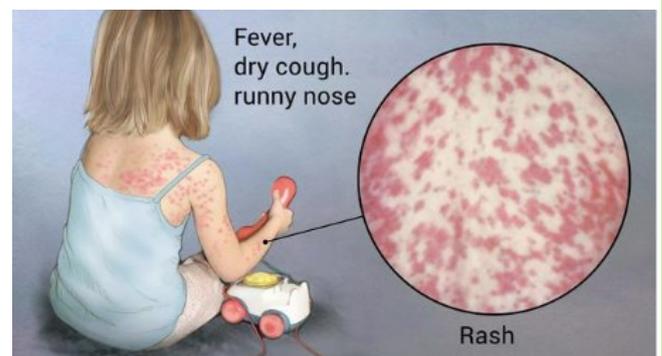
Measles

Measles is a highly infectious viral disease that can be serious. It is spread from person to person through the air by breathing, sneezing or coughing. Just being in the same room as someone with measles can lead to infection if you are not immune.

The first early symptoms of measles are fever, runny nose, sore red eyes and cough, followed a few days later by a rash usually starting on the face before moving down the body.

If you think you or someone in your family may have measles, stay at home and phone your doctor to alert them of your symptoms and allow them to make arrangements to assess you safely and without infecting other people, or call Healthline on 0800 611 116 for advice. Please do not just turn up to your GP, after hours or emergency department without first phoning ahead as you could potentially infect others.

The MMR (measles, mumps and rubella) vaccine is free and very effective in preventing measles. After just one dose of MMR vaccine about 95% of people will be protected from measles, and 99% of people who have had two MMR doses will be protected from measles. People born before 1 January 1969 are considered to be immune because virtually everyone got measles prior to the measles immunisations being introduced that year, and so this older age group does not need to have the measles immunisations.



A doctor is available 24 hours a day every day of the year

07 865 8032



indici

You may remember that last year and again earlier this year WMC attempted to change its practice management system (computer software that records all patient information). Reasons beyond our control meant we had to delay this switchover both times and our new "Go live date" is **Monday September 23**. There will likely be delays for the first few days so please bear with us while we learn the ropes! We appreciate your patience.

Manage My Health—Important Information

As of September 21st, 2019 Manage My Health will no longer work.

Whangamata Medical Centre is switching to a new patient portal (Myindici) which will allow you to continue accessing your medical records online in a secure, safe environment. Plus, you'll be able to:

- ◆ book appointments
- ◆ access your tests
- ◆ request repeat prescriptions
- ◆ communicate with your GP via email – with video consults coming soon!
- ◆ get lots of online, self-service information for quick resolution of your non-urgent questions.

Your health records back to **2015** will be transferred to the new patient portal and you will be able to access them as you do in ManageMyHealth now. If you are already a member of ManageMyHealth you will receive an email with details regarding the switchover. If you are interested in signing up please speak to a staff member who can assist you with this.

myindici 
my health anywhere



Your health and lifestyle
information as it happens

anywhere,
anytime
online

myindici.co.nz

RNZCGP AWARD

Dr Michael Miller was awarded a Community Service Medal for Outstanding Contribution to General Practice in July. We are very proud that his hard work and efforts have been acknowledged.

"Dr Michael Miller's colleagues describe him as a phenomenon. With his energy and expertise he has served his community in Whangamata for many years.

Michael is the quintessential rural GP. He is embedded in his community, and provides 24/7 support to the people he lives and works with, via PRIME services (and every other avenue he can come up with).

Michael is a leader, a colleague, and a friend to many of us."

"my Indici"

All your health information at your fingertips.

View your medical information

See lab results

Request repeat prescriptions

Get appointment reminders

Smartphone App

Available in September - enquire with the office. All you need is an email address and proof of identity. Patients already signed up with "Manage My Health" will need to swap over to the new "my Indici" patient portal to continue the service.

Clinic Hours:

Monday to Friday	8.30 to 5:30pm
Saturday	9.00 to Close *
Sunday and Public Holidays	Closed

**Dependent on patient demand*

Note: An after-hours charge will apply on weekends and public holidays